
**Abstract**
Contemporary health care demands better care for individuals with kidney disease. In the quest for the Triple Aim of health care – improving the experience of care, improving the health of populations, and reducing per capita costs of health care – nephrology nurses can no longer afford to practice the way we have always done. Instead, it is critical to consider the best available evidence, personal expertise, and patient/family preference when engaging in clinical decision-making. This article provides the steps to develop an evidence-based project to address a clinical problem.